

**Gregory W.Cogdal**

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Dear Promotion Committee,

I have taken and completed the coursework of four psychology classes at Colorado Mountain College (CMC).

- PSY 231 Positive Psychology
- PSY 235 Human Growth and Development
- PSY 240 Health Psychology
- PSY 249 Abnormal Psychology

These classes were taught and facilitated by Drew Mikita, LPC, Associate Professor of Psychology. Drew Mikita elevated and enhanced our classroom experience in each of these classes by his guidance and direction. Our classes were enlightened by Drew's insightful and thought provoking discussions and written assignments.

I have also experienced Drew's commitment to our health and growth through Building Hope Summit County, Community Connectedness Events. I have been fortunate to attend three of these events in conjunction with Colorado Mountain College's Culinary Department and Doctor Justin Pollack's nutritional expertise. The most recent of these events was Building Hope's Food and Feelings. We shared our thoughts and feelings on comfort food and how food, family, friends ground us to community. We worked in small groups to create a fantastic meal that we enjoyed that evening.

Drew Mikita is the real deal! His compassion, kindness, sense of community and wealth of knowledge are but of a few of his outstanding attributes.

I urge you to promote Drew Mikita to the position, Professor of Psychology, Colorado Mountain College.

Gratefully yours,

Gregory W. Cogdal

