



COLORADO MOUNTAIN COLLEGE

I. Instructor and Course

Instructor: Drew Mikita, M. Ed., L.P.C.

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Office Hours: Before and after class meetings and by appointment

Course Title: Psychology II

Course Code: PSY1002

Credits: 3

Semester: Spring 2023

Location: Dillon Campus

Meeting Days & Times: 6:00pm-7:55pm Monday

Format: In-person

Start Date: 1/22/24

End Date: 4/29/24

Refund Date: 2/5/24

Withdraw Date: 4/5/24

No Show Attendance Reporting Date: 2/1/24

No Show Attendance Reporting is based on your attendance and engagement. If you never show up to class, you may be dropped from the course, and this may impact your financial aid. Go to the [No Show Attendance Reporting webpage](#) for more information.

Required Course Materials: No text required for this course, all materials will be provided in class.

For all courses that are included in the [Learning Materials Program](#), all required physical and digital course materials are automatically provided to you by the all-inclusive [Learning Materials Program \(LMP\)](#) at a per credit fee. In order to receive these materials, students must verify their physical shipping address prior to the start of the semester. [Address can be verified by accessing the LMP website](#), failure to verify address will result in delayed delivery of materials. If you have any questions contact the LMP customer service team at 1-844-523-9056 or [submit a request](#) for expedited service.

What to do if you drop a course? If you have already received the book(s), or they have been shipped, you are responsible for retrieving/returning the books within 7 days of dropping the course. Holding onto provided materials for the entire term will result in extra LMP fees. Refer to our [instructions](#) on how to return your books. Digital books are automatically returned. **Please note:** All books, even workbooks, must be returned if you drop a class. At the conclusion of the semester, students are responsible for returning materials provided by the LMP on or before the posted deadline either to their local campus or by [generating a free shipping label through the LMP](#). Failure to return materials will result in late fees being assessed to your account.

II. Course Description

Focuses on the scientific study of behavior including cognition, language, intelligence, psychological assessment, personality, abnormal psychology, therapy, lifespan development, sex, gender, sexuality, and social psychology. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

III. Evaluation Methods

Attendance and participation are expected and necessary to pass this course. It is understood that any number of planned or unplanned factors may arise which make it impossible for you to attend class. For this reason, you have two total absences (school sanctioned or other) for which you will be allowed to make up any missed work with no penalties. However, make up work must be fully submitted prior to the next class you attend or no points will be awarded for the missed assignment/s. It is the student's responsibility to schedule any make-up work with the instructor. No Attendance or Participation points will be given for a class from which you are absent.

1. Other than extreme extenuating circumstances outside of your control, for which you must provide requested verifiable documentation to the instructor or a College Counselor, no additional absences or late work will be allowed.
 2. With any more absences, you will have missed too much class content and will automatically fail the course; no matter your overall grade.
 3. Coming to class late or leaving early will be counted as a full absence.
- **Participation in all discussions/classes (100 Points total)** You are expected to attend every class meeting in-person and engage in discussions. Your

participation in this class is mandatory, not communicating, being disrespectful, or inappropriate behavior will result in a reduction of points. Your opinion matters, please share in class! Your grade can go above 100 points or below 0.

- **Research, Reflect and Share (30 points, 5 for submitting link and 25 for sharing with the class)** Find a resource (podcast, article, video, book, interview, etc.) regarding a specific topic, you will submit the link in Canvas and then share what you learned with the class. When sharing with the class, give an overview of the resource, any significant information, relevant details, what you learned, how to apply this to life, etc. Check each research and share assigned in the modules for specific requirements as they may vary.
- **Reflections (25 Points Each, can vary though)**. These reflections are on the subject matter for the week. These are generally either 1-2 paragraphs or a list. Please follow the specific directions for each reflection (points are between 10-20 points per reflection). Video or written reflections are accepted. These reflections are listed in the weekly modules with their respective due dates. If you are going to submit something with google docs, please download it and submit via PDF, do not share it.
- **Psychology Project (75 points)** . You will select a topic in psychology that interests you to dive deeper into. This can be any topic discussed in class or related to the field of psychology. The goal of this project is for you to research a topic that you are passionate and curious about. You have several options for how to approach this project. In all of the options you will use 3 credible sources to support your research into your topic.
 - Create a 2-3 minute oral presentation to share with the class with a visual aid (picture, video, etc.)
 - Make a 2-3 minute video to share with the class
 - Present a 2-3 minute powerpoint/slides/prezi etc. to share with the class
 - Write a 3-4 page [APA style paper](#) with references, cover page, and abstract and then briefly share with the class about what you learned
 - You can also get creative on what you want to do for this! It just need to have a minimum of 3 sources and be related to the field of psychology
 - You will be required to have references for all of these options and submit them in [APA style format](#) to Canvas
- **Exam 100 Points**
- More assignments will be added throughout the semester

Student grades for the semester will be determined by the total number of points accumulated by the student divided by the total number of points possible. The Final Grade will be assigned on the HMS Program grading schedule below:

% of Total Points	Letter Grade
93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
67-69	D+
63-66	D
60-62	D-
59 or less	Failed

IV. CMC Libraries & Learning Commons

The CMC Libraries team invites you to connect with us so we can help support you - we all live in this continually changing information world and are here to help navigate it! Whether your classes are in person or online, or whether you live near one of CMC's great libraries/learning commons, take advantage of your friendly professional librarians to match you with the resources you need to succeed in academics and beyond.

If you are near Dillon, Edwards, Leadville, Spring Valley, or Steamboat, come check us out. Your librarians and learning commons have study spaces, technology-enabled and family-friendly study rooms so you can do online classes, laptops, calculators, wifi

hotspots, and so much more for you! And research help is available 24/7 so please pick what works best for you whether that's our 24/7 chat librarians or by working with one of us online or in-person. We look forward to meeting you!

V. Student Information and Support Services

- 1. Right to Know:** The College is required by law to share certain types of information with students. The [Right to Know webpage](#) includes information including disability services, complaint processes, policies and procedures, textbook information, registration, attendance and grading, graduation rates, and more. In addition, [Student Services](#) offers resources to promote your well-being and success. Take advantage of these programs and services, which include academic support and advising, access and disability services, career services, veterans' benefits, housing, orientations, food and nutrition support, and financial aid. Reach out and find support at [CMC Counseling Services](#), [You@CMC](#), and [Colorado Crisis Services](#).
- 2. Students Rights and Responsibilities:** The [CMC Student Handbook](#) outlines the expectations for student conduct as well as the college's academic policies and expectations. This includes expectations for appropriate use of technology, students' rights and responsibilities within and outside of the classroom, and academic policies and requirements. Classroom behavior that disrupts the teaching and learning environment is unacceptable.
- 3. Notice of Nondiscrimination: Equal Opportunity** Colorado Mountain College is an equal opportunity educational institution and does not unlawfully discriminate on the basis of race, color, national origin, sex, or disability in admission or access to, or treatment or employment in, its educational programs or activities. Inquiries concerning Title VI, Title IX, Section 504 and ADA may be referred to Chief Student Services Officer, 802 Grand Avenue, Glenwood Springs, CO 81601, 970-945-8691, or to the Office for Civil Rights, U.S. Department of Education, Region VIII, Federal Office Building, 1244 North Speer Blvd., Suite 310, Denver, CO 80204 303-844-2991.
- 4. Right to Privacy:** Colorado Mountain College continues to encourage and foster a vibrant academic community, whether remote or in person. We are committed to respecting the privacy rights of all participants in the classroom environment and promoting the highest standards of academic integrity. Sharing course content outside of the course may have a chilling effect on classroom discussion and interfere with the educational process. Students may not record, photograph, screenshot, share, reproduce or re-distribute any class activity without written

permission from the instructor, except as necessary as part of approved accommodation discussed below. Additionally, CMC discourages non-students from listening to courses in the event student personal identifying information is revealed during the course. Students in all modalities are equally held to the academic standards set forth in the Colorado Mountain College Student Handbook. Some students may require reasonable accommodation under the Americans with Disabilities Act and Amendments Act that would allow them to record, photograph, screenshot or reproduce some course content, including video, audio, or other content. Students with disabilities should contact CMC's Access, Inclusion & Disability Coordinator about receiving these reasonable accommodations. More information can be found at [Access, Inclusion & Disability Services](#).

VI. Student Learning Outcomes, Competencies, and Skills

1. Outcome 1: Demonstrate the basic rules of research in psychology and be able to evaluate their application.
2. Outcome 2: Explain the development of cognition and language skills.
3. Outcome 3: Examine intelligence from the perspectives of development and assessment.
4. Outcome 4: Compare and contrast personality from the perspectives of theory and assessment.
5. Outcome 5: Explain abnormal psychology in terms of major disorders.
6. Outcome 6: Identify the major forms of therapy used in treating psychological disorders.
7. Outcome 7: Identify major psychological, physical, and social influences on human development throughout life.
8. Outcome 8: Analyze social influences on behavior.
9. Outcome 9: Explain physical, psychological, and psychosocial aspects of sex, gender, and sexuality.
10. Outcome 10: Write and speak clearly and logically in presentations and essays about topics related to psychology.
11. Outcome 11: Demonstrate psychology information literacy by evaluating the validity of information sources in the study of psychology.
12. Outcome 12: Analyze, evaluate, and apply written material related to the study of psychology

VII. Class Management and Culture

This course is part of the college wide Human Services degree program and as such shares consistent class management and culture standards with all other HMS, PSY, and CSL courses.

1. No late assignments will be accepted. Even if an assignment does not auto-close, Canvas will automatically time and date stamp all submitted work and no points will be given for late assignments. It is to your benefit to submit assignments at least 24 hours before they are due to allow for delays caused by possible technical difficulties. Do not trust the internet to be working at the last minute.
2. Participation is essential. When you are in class, please be fully present and respectful of both your and other's time.
3. The instructor will work to ensure that grades and feedback are provided within one week of on-time assignment submission. Make up work will be graded at the instructor's convenience.
4. The instructor will work to respond to student communications within two business days.
 1. Students are encouraged to thoroughly review the syllabus, course information, and assignment descriptions for answers to common questions before contacting the instructor.
 2. If you email the instructor and don't hear back within two business days, please send a follow up email. Gentle reminders are always appreciated.
5. Given the nature of topics covered in this course, it is essential that we have a safe class where everyone feels free to share their values, beliefs, and ideas. Students must show respect for the instructor, each other, speakers/presenters, and the course content both inside and outside of the class. Disagreements and debates in academic discourse are expected and welcome, but personal attacks are never OK, and will not be tolerated.
6. A student judged to have engaged in academic misconduct as defined in the "Academic Policies and Requirements" section of the Colorado Mountain College Student Handbook will, at a minimum, receive a "zero" for the work in question with no opportunity for resubmission. The student may also be removed from the class, resulting in a failing grade, or suspended/expelled from CMC. All student course material may be submitted to turnitin.com (or other anti-plagiarism programs) at the instructor's discretion.

1. There are several forms of academic dishonesty of which you should be aware:
 1. FABRICATION: falsification, manipulation, invention, or misrepresentation of information.
 2. PLAGIARISM: the presentation of another's works, words or ideas as if they were one's own. This includes the work of Artificial Intelligence programs such as Chat GPT.
 3. MULTIPLE SUBMISSIONS: resubmission of a work that has already received credit with identical or similar content in another course without the consent of both instructors.
7. No cell phones or other distractions are allowed during class. If you are distracted from class, you may lose all attendance and participation points for that class and/or may be asked to leave class entirely (Resulting in one absence with no opportunity to make up missed work).
8. This course will include subject matter intended for mature audiences only. By remaining enrolled in this class, you acknowledge you may be exposed to graphic and/or disturbing content; even if you are under the age of 18. Please notify the instructor if you do not feel comfortable with the course content being covered to discuss your status in the course.
9. For classes that include livestream instruction, please keep the following guidelines in mind:
 1. Participation: Please ensure you are fully present for each livestream class. Driving, shopping, working, exercising... or any other distracted behavior while in a livestream class is disrespectful to the instructor and may be dangerous for you.
 1. Distracted students will be removed from the livestream class and counted as a full absence.
 2. Connection: You will need to have access to a reliable and stable internet connection for the entirety of each livestream class.
 3. Sound/Headphones: You are expected to have working speakers/headphones to actively participate during each livestream class.
 4. Conversations in this course may include content that requires confidentiality and privacy or may include subject matter intended for mature audiences only.
 1. Please make sure to use headphones or move to a private room to ensure others cannot hear the content of the class.
 5. Camera: Due to the face-to-face requirements of this degree, you are expected to have a working camera that needs to be on and sharing during each livestream class.

1. When your camera is on, be conscious of what you are allowing everyone to see in your background or use the virtual background option.
2. Ensure your background/virtual background is appropriate for public viewing.
6. Microphone: You are expected to have a working microphone to actively participate during each livestream class.
 1. Out of respect for everyone in the class, please mute your microphone except when you are talking.
7. Chat: The chat option is a good way of showing both engagement and participation, and its thoughtful use is encouraged in this class. Please be respectful to all members of the class in the chat.
8. Screen Grabbing / Pictures / Recording / Distributing: You may not take screen shots, pictures, recordings, or distribute any part of this course. Screen grabbing, copying, recording, taking pictures, or distributing any class content or information, including your classmates, instructor, guest speakers, assignments, or anything else from this course is strictly prohibited. If discovered, it will result in your dismissal from the course with a failing grade and a possible code of conduct violation which may result in your dismissal from CMC.
10. The instructor may alter this syllabus during the semester as the learning environment requires. Students will be notified of changes in advance.

VIII. Tentative Course Schedule

I. Research methods in psychology

- A.** Basic research and statistical methods
- B.** Basic vs. applied science
- C.** Evaluation of psychological research
- D.** Ethics in research

II. Cognition and language

- A.** Theories of language development
- B.** Nature vs. nurture in language development
- C.** Concept formation
- D.** Problem solving
- E.** Creativity

III. Intelligence

- A.** Defining intelligence

- B. Theories of intelligence
- C. Measuring intelligence
- D. Cultural biases in intelligence testing
- E. The exceptional person

IV. Personality

- A. Theories of personality
- B. Personality assessment

V. Abnormal psychology

- A. Defining abnormality
- B. Diagnosing abnormal behavior: The classification systems
- C. Anxiety disorders
- D. Somatic symptoms disorders and dissociative disorders
- E. Affective disorders
- F. Schizophrenia disorders
- G. Sexual dysfunctions and gender dysphoria
- H. Personality disorders

VI. Therapy

- A. Psychotherapy
- B. Insight therapies
- C. Behavior therapies
- D. Medical therapies
- E. Effectiveness of therapy

VII. Life-span development

- A. Conception
- B. Prenatal development and birth
- C. The newborn and infancy
- D. Childhood
- E. Adolescence
- F. Early and middle adulthood
- G. Aging
- H. Death and dying

VIII. Social psychology

- A. Attitude formation and change
- B. Person perception
- C. Conformity and obedience

- D. Conflict and cooperation
- E. Prejudice

IX. Sex, gender, and sexuality

X. Gender roles

XI. Gender identity

XII. Physical and psychological sexual health

XIII. Sexual orientation

This schedule is subject to change at any time, depending on instructor evaluation of student skills/understanding/knowledge. The instructor will communicate changes to the schedule as needed in advance.